



## LELCCA UPDATES & UPCOMING EVENTS!

LELCCA was formed in the late fall of 2005 and since then we have hosted numerous events. LELCCA continues to provide relevant professional development opportunities for its members.

We are also proud to announce that we now have our own sound system.

Our Next LELCCA event is Wednesday, June 8/11 from 6:30 to 8:30 p.m.

Presenter: Kelly Blake **REGISTER ASAP at the OEYC**  
**613-283-0095 ext 300**  
**or 1-800-267-9252**  
 Topic: Observation & Documentation  
 Location: Carleton Place Municipal Child Care Services

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### EVENTS HOSTED BY LELCCA SINCE 2008

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Feb. 12/08	Annual General Meeting at Naismith Public School, Almonte
June 14/08	Networking Breakfast at the Heritage Inn in Carleton Place
Sept. 10/08	Ron Morrish – Real Discipline at J.L. Couroux School in Carleton Place
Oct. 1/08	Jean Clinton- Lois Saunders- Raising the Bar- Heritage Inn C.P.
Jan. 12/09	The College of E.C.E.'s evening event via Skype at Lanark Community Programs in Carleton Place
Feb. 14/09	Networking Day- Outdoor Activities for children. S.F. Child Development Centre
May 27/09	Sue Smarkayla – Positive Mindset in the Workplace at the Municipal Child Care Centre in Carleton Place.
Sept. 16/09	Christine Kealy-Children's Aid Society of Lanark County -Our Duty as professionals to report suspicion of child abuse/neglect- Perth
Nov. 3/09	Raising the Bar celebration with Jean Clinton –C.P. Heritage Inn hosted by Raising the Bar and supported by LELCCA.
Feb. 10/10	Presentation and Question and Answer Session regarding the College's purpose, mandate and activities by Leslie Kopf Johnson and Diane Martin, spokesperson from the College of E.C.E.
May 11/10	Early Learning Framework- Karen Dunlop- Pakenham - St. Andrews Church
Nov. 3 /10	Raising the Bar & LELCCA present motivational speaker Rosita Hall-Smiths Falls District Collegiate Institute
Feb. 23/11	Ontario Early Learning Framework (OELF) Environment and Routines– OELF Early Learning Framework Mentors– Teri Mullins/Alyson Carroll/Angie Giles 6:30-8:30 p.m.—C.P. Municipal Child Care

## LELCCA RESOURCE COLLECTION

### ARE YOU USING IT?

Resource collections for LELCCA members that are currently located at the following six locations across Lanark County:

Almonte Day Care Centre, C.P. Child Care Services, Linda Lowe Day Care Centre, Perth Taycare Jr., Smiths Falls Child Development Centre and Ontario Early Years Centre and CROW in Smiths Falls.

#### Resource Collection:

- 1) Developmental Profiles: Pre-birth through twelve
- 2) Relationships; the heart of quality care
- 3) Learning Outdoors: Improving the quality of young children's play outdoors
- 4) Character Builders: Positive attitudes and peacemaking for primary children
- 5) Developmentally Appropriate Practice in Early Childhood Programs
- 6) Well Beings (Canadian Pediatric Society)
- 7) Outdoor Learning and Play; Ages 8-12
- 8) Prime Times
- 9) School Age Care Environment Rating Scale
- 10) Video guide and training workbook for the Early Childhood Environment Rating Scale
- 11) Early Childhood Environment Rating Scale
- 12) Infant Toddler Environment Rating Scale
- 13) Emergent Curriculum
- 14) A Great Place to Work: Improving conditions for staff in your children's programs
- 15) Blueprint for Action: achieving centre based change through staff development
- 16) Meeting the Challenge
- 17) Challenging Behaviour in Young Children
- 18) Learning to Read and Write
- 19) Outdoor Play
- 20) The Complete Book of Rhymes, Songs, Poems, Finger Plays & Chants
- 21) The Complete Book of Activities, Games, Stories, Props, Recipes, and Dances for Young Children
- 22) Video Observations for the Early Childhood Environment Rating Scale
- 23) 1-2-3 Magic: Managing Difficult Behaviour in Children 2-12
- 24) Looking at the Basics of Developmentally Appropriate Practice

### Algonquin College Perth Campus offers E.C. E. Program

#### Ontario College Diploma

Algonquin College Perth Campus offers a 45 Week program

#### For more information contact:

algonquincollege.com.

Perth Campus

Heritage Campus 7 Craig St. Perth ON K7H 1X7

Phone: 613-267-2859 Fax: 613-267-3950

Rosita Hall spoke about "Change" on Nov. 3/10 at the Smiths Falls District Collegiate Institute. We welcomed Children's Resources on Wheels Licensed Child Care and the Ontario Early Years Centre to the Raising the Bar Program. The event celebrated the Licensed Early Learning Programs that reached the silver level, although certificates were handed out at the Feb. 23rd Networking Night.

The night was a great success and Rosita captivated the audience with her interactive speech on triumphing adversity and change. She encouraged us to climb aboard the "Change Train" and to avoid the "Change Strain."

Accept the truth about change – it is inevitable and is an ongoing process.

Understand that you will go through a psychological transformation and that's okay.

Tap into your inner resources – re-charge your inner battery.

Accept the realities of the 21<sup>st</sup> century workplace (that is change is the new normal). Do not define yourself by your job description.

She provided practical advice on building and maintaining team spirit in the face of adversity.

#### **Rosita's Tips**

Authenticity – be authentically you.

Be open and ready to receive – expect the unexpected.

Be open to laughter – laugh for the sake of laughing. Laugh at "nothing!"

Foster relationships with other people as this is the most powerful tool to get through the change process.

Experience the magic of giving things away (things that are meaningful to you).

Practice daily self care (10, 15, 20 minutes etc.). Take better care of yourself, be a role model of self care.

Tap into that place, in you, that brings you joy.

Build your legacy.

She inspired a lot of E.C.E. professionals to put the "fun" back into the workplace.

#### **Other Rosita tidbits:**

-Your health is your wealth – check in with your health on a daily basis

## *ROSITA HALL*



**WOW!**

- The secret to success is heart power.
- Your two choices – happy or happier!
- Deal with conflict person to person (1<sup>st</sup> person to 1<sup>st</sup> person).
- Focus on good things and doing good.
- When your body says "I've had enough" it's time to shut down because there are no 2<sup>nd</sup> chances with life.
- Cash in on the opportunities in the middle of change.
- You are responsible for your life – the only person you can really change is yourself!

-Participant quotes from questionnaire:

*"Wow Rosita was inspiring!! Thank you Thank you."*

*"All I can say is WOW!!!"*

*"I will sing all the way home and laugh with the ones I love!"*

*"I came here tonight an unwilling participant and I'm leaving with a great challenge to go back to just being me, because I am one who talks to anyone and people in my life have told me I shouldn't be so friendly, don't trust people, but I feel Rosita's words tonight are coming to me from an even higher power. Thank you Rosita."*



## Favourite Recipes-



### COCOANUT COVERED BANANAS

#### Ingredients:

1 orange  
2 bananas  
1 cup cocoanut

#### Directions:

Cut bananas into several chunks. Cut an orange, squeeze some juice into a saucer and roll the banana pieces in its juice. Roll the banana chunks into the cocoanut, covering well.

**Submitted by:** Janice LePage- CROW

### SILLY PUTTY

#### Ingredients:

1 cup glue  
1 tsp. food colouring

4 tsp. liquid soap

**Directions:** Combine, knead and have fun.

**Submitted by:** Stephanie Moore

### SMELLY PLAYDOUGH

#### Ingredients:

2 cups Flour  
1/2 cup salt  
2-3 tbsp. oil  
1 tbsp. alum  
1 pkg. Kool-Aid  
2 cups boiling water

#### Directions:

Mix dry ingredients; put a well in middle and set aside. Mix all wet ingredients; add all at once to dry mixture. Stir until it forms a ball. Cool before giving to children. Store in air tight

container.

**Submitted by:** Stephanie Moore

### RAINBOW STEW

#### Ingredients:

3 cups sugar  
1 cup cornstarch  
4 cups cold water  
Food colouring (variety of colours)

#### Directions:

Cook in a saucepan until thick. Split the mixture into smaller bowls and add food colouring. Put in Ziploc bags ( 2 are recommended). Let children choose the colours they want to play with.

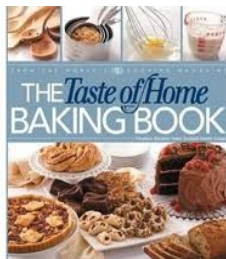
**Submitted by:** Stephanie Moore

*Kids love to make things to play with or eat. Have fun with these recipes!*

## GREAT RESOURCES!!

#### Books:

- Taste of Home Baking Book- By Reader's Digest
- 250 Best Muffins
- Best Cookies - Ester Brody

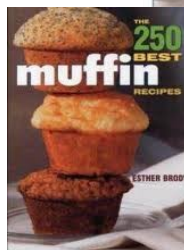


#### Websites:

- <http://www.amazingmoms.com/>
- <http://www.dltk-holidays.com/fall/index.html>
- <http://www.apples4theteacher.com/>
- <http://www.busybeekidscrafts.com/>
- <http://www.educatall.com/>



MMMMmmmmmm.....Good, Good, Goody!



## FUNDRAISER- DANCE FOR DADS

Carleton Place Child Care is hosting a benefit dance in memory of Ed Roberts!

He was a daycare parent who at the age of 31 lost his fight with cancer and leaves behind a young family.

All proceeds from the evening event will go to his young son's trust fund.

### THE CHALLENGE IS ON!

We are attempting to fill the Carleton Place Arena floor.

Join in the fun!

**Saturday, June 4, 2011**

Live music and dancing from 8:00 p.m. to 1:00 a.m.

Show how much you care and just how much community spirit we have!

Tickets \$5.00 each—I.D. Required

Tickets available at Carleton Place Child Care

3 Francis Street

Or Call # 253-0597-Ext. # 221, ask for Daphne



**Dance the night  
away for a great  
cause!**

## Smiths Falls C.D.C. Celebrates Happy 40th!

On August 2nd, 2011 the Child Development Centre will have been in operation for 40 years! We will be celebrating with an Open House in September (further details to follow). Over the 40 years we have seen many changes.

A couple of years ago the Centre got a much needed new exterior, a peaked roof replaced the previous flat one and the interior was updated. The town purchased a new sign for the Centre. Most recently we put in a new change table and sink in one of our rooms to accommodate more toddlers. A new toilet is being installed in the toddler room, as well as a door, to provide access to the adjoining room.

Our numbers were down in September, however that has totally changed, and we have a waiting list again.

All staff have recently renewed their Emergency First Aid and CPR. Three of the staff have attained their Standard First Aid and CPR as well as defibrillator training as per Ministry of Labour regulations. Two staff have also received their Food Safety certificates after successfully completing the Food Handler Course.

We are currently conducting evaluations using the ECERS and SACERS tools. We are working diligently towards our Gold Level for Raising the Bar.



**Here's to 40  
Years!!!**



Lanark Early Learning  
and  
Child Care Conference

**10th Biannual Early Learning &  
Child Care Conference  
Saturday, October 22, 2011  
Arklan Public School  
Carleton Place, ON**

- ◆ *Keynote Address: Canada's Diamond Coach,  
Adele Alfano*
- ◆ *Professional Development Workshops*
- ◆ *Networking*
- ◆ *Vendor Trade Fair*
- ◆ *Door Prizes*

For a complete listing of workshops check  
out the following link:

[http://www.crowoeyc.com/eyc/2011Early%  
20Learning,%20Child%20Care%  
20Conference%20Registration%20Package.pdf](http://www.crowoeyc.com/eyc/2011Early%20Learning,%20Child%20Care%20Conference%20Registration%20Package.pdf)

*"We worry about what a child will become tomorrow, yet we forget that he is someone today"*

*Stacia Tauscher*

***Registration Deadline: September 23, 2011***